



FIS IMATRA HIIHDOT
15.-16.12.2018

Team captains' meeting
15.12.2018



Agenda

- 1 Opening of the meeting
- 2 Presence (next page)
- 3 Organizer's personell
- 4 Jury
- 5 Weather forecast
- 6 Composition of competitors' startlists
- 7 Stadium map
- 8 Race track map
- 9 Track maintenance
- 10 Training times and tracks
- 11 TD's instructions
- 12 Organizer's instructions
- 13 Other


Precence

- Toivo Vahvelainen TD
- Jukka Rasimus CT
- Simo Rasimus CCA
- Tapio Montonen TDA
- Jari Laukkanen Imatran Urheilijat
- Jussi Simula SHL/VRUA
- Juho Halonen SHL/VRUA
- Kari Ahonen CC



Organizer

- Club: Imatran Urheilijat ry
- Chief of the competition: Kari Ahonen
- Assistant chief: Simo Rasimus
- Race secretary: Tiina Sinkkonen
- Chief of stadium: Jari Sinkkonen
- Chief of track: Jukka Rasimus
- Race office: Helmi Manninen
- Timing and results: Kari Utulahti
- Start lists and results to FIS: Jorma Tuomimäki



Jury

- TD: Toivo Vahvelainen
- TDA: Tapio Montonen
- Race director: Simo Rasimus
- Race secretary: Tiina Sinkkonen

Weather forecast

<http://ilmatieteenlaitos.fi/saa/Imatra>





Composition of competitors' startlists 16.12. Free

The startlist is composed in FIS points descending order.
Athletes without FIS points are lotted in the beginning
of the list

Ladies: 19 athletes

Ladies 20: 42 athletes

Ladies 18: 22 athletes

Men: 36 athletes

Men 20: 54 athletes

Men 18: 22 athletes

Totally 195 athletes in FIS series

In Junior series 37 athletes

Race track map



Matra 2,5 km

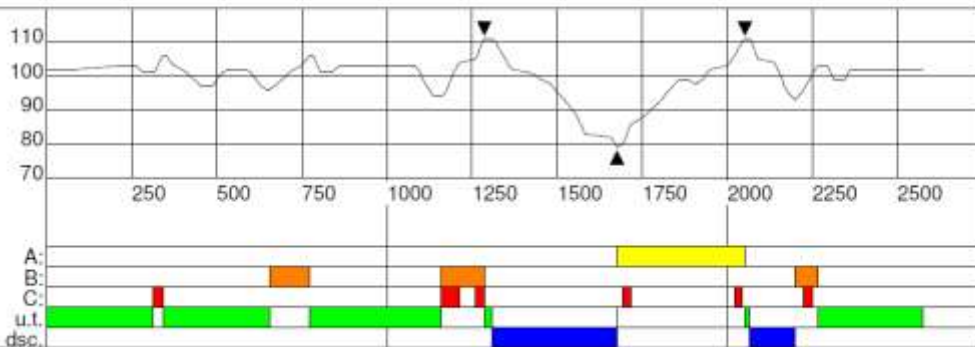


Course length:	2574m	Height Difference (HD):	32m	Lowest point:	79m
Category:	C	Maximum Climb (MC):	33m	Highest point:	111m
Competition Level:	COC/FIS	Total Climb (TC):	86m		

Ski tracks

Imatran Kylpylähiihdot 2018

2km and 2,5km





Track maintenance

- The track will be maintained at Today 22:00

An aerial photograph of a winter sports training facility. The scene is dominated by snow-covered tracks and buildings. In the foreground, there's a large, curved track. To the right, a parking lot is filled with cars. In the background, there are more tracks and a dense forest of evergreen trees. The overall atmosphere is bright and clear, suggesting a sunny day.

Training times and tracks

- Warm up in race track 8.00 – 9.55
- Warm up in the eastern side of the street “Lammassaarentie” and shooting range all the time
- Warm up and testing in the race track is allowed 8.00 - 09.55 and for the juniors after the FIS race is over (about 12.10), to 12.30

TD's instructions

- FIS race, earlier sanctions are valid and FIS rules are used.
- Time for protest is 15 min and it pays 100€, forms are found in the race office
- FIS kilpailu eli sanktiot aikaisemmista FIS kilpailuista ovat voimassa sekä noudatetaan FIS:n sääntöjä
- Protestiaika 15 min, maksu 100 € kaavakkeita kilpailutoimistossa

An aerial photograph of a ski resort. The scene is dominated by a large, white, snow-covered structure with a prominent blue and white checkered pattern on its right side. The surrounding area includes parking lots with numerous cars, a road with a roundabout, and a dense forest of evergreen trees in the background. The lighting suggests a bright, sunny day.

Free Technique Vapaa hiihtotapa

Skiing rules

Overtaking 343.10.1

- During an interval start competition a competitor who is being overtaken must give way on the first demand. This applies in classical technique courses even when there are two tracks and in free technique courses when the skier being overtaken may have to restrict his/her skating action.
- Väliaikalähtöisessä kilpailussa ohitettavan kilpailijan on annettava latua ensimmäisestä kehotuksesta. Tätä sääntöä tulee noudattaa myös sellaisissa perinteisen hiihtotavan kilpailuissa, joissa radalle on asetettu kaksi latua sekä vapaan hiihtotavan kilpailuissa, vaikka ohitettava kilpailija joutuisi rajoittamaan omia liikkeitään.

Obstruction 343.9

- In all competitions obstruction is not allowed. This behavior is defined as deliberately impeding, blocking, charging or pushing any competitor with any part of the body or ski equipment.
- Estäminen on kielletty kaikissa kilpailuissa. Tällaiseksi käytökseksi on määritelty tahallinen estäminen, estäminen, häirintä sekä toisen urheilijan työntäminen jollakin kehon osalla tai hiihtovälineellä.

An aerial photograph of a ski resort during winter. The scene is dominated by large, white, snow-covered hangars and buildings. A parking lot filled with cars is visible on the right side. The surrounding area is covered in snow, with some evergreen trees scattered throughout. The sky is a pale, hazy blue.

Organizer's instructions

- Transponders 20min before start
- Clothing in the hangars near the start and finish; athletes' own responsibility

An aerial photograph of a large, snow-covered stadium. The stadium's roof is white with a blue and white checkered pattern on the right side. The surrounding area is also covered in snow, with some trees and parking lots visible. The text "Organizer's instructions" is overlaid on the image.

Organizer's instructions

- Victory ceremony is held after all FIS series in the stadium
- Athletes can meet press after that
- Three best to the ceremony