

FIS IMATRA COMPETITION 15.-16.12.2018

Competition starting times & disciplines (all local time)

Friday 14.12.2018

17.00 - 18.00 official sprint training (C)

18.00 Team captains meeting, Imatran Kylpylä, Spa Hotel

Saturday 15.12.2018

10.00 Sprint Classic: ladies , ladies 20, men, men 20, all series 1,3km

17.00 – 18.00 official training (V)

18.00 Team captains meeting, Imatran Kylpylä, Spa Hotel

Sunday 16.12.2018

10.00 Free: ladies 5km, ladies 20/5km, men 10km, men 20/10km,

13.00 National Junior Series Free L12, M12, L14, 2,5km, M14, L16, M16 5km

Competition FIS codex

FIS codex 6031-6040

Competition venue

Ukonniemi Stadion

Ottelukatu 11

55420 Imatra, Finland

Organizer

Imatran Urheilijat ry

Contact person

Kari Ahonen

+358 400 716 386

kariolavi.ahonen(at)gmail.com

Entries

Latest Tuesday 11.12.2018, 15:59 (local time)

Finns: Entries through Kilmo.

Others: Entries through e-mail iuhiihtokilmo@gmail.com. When entering, one gets an e-mail with the account number and the reference number for paying. The fee must be paid before the competition and one must show a receipt of payment in the race office. The payment is possible also in race office before the competition.

Entry fee

30€ per athlete / day / competition.

The courses

The courses in the competition are 1,3km and 2,5km mas follows:

1,3km = 1x1,3km round

2,5km = 1 x 2,5km:n round

5,0km = 2 x 2,5km:n rounds

10km = 4 x 2,5km:n rounds

The maps of the courses are in the Stadium.

Wax cabins

There are waxcabins to rent. The price is 150€/weekend. Ask for cabins kariolavi.ahonen(at)gmail.com.

Equipment

Near the starting area there is space where the warm up dresse can stay. The locker rooms of the Aviasport Arena are available during the competition.

Accomodation

Race oraganizer has an agreement about accomodation with Imatran Kylpylä. Please, contact them www.imatrankylpyla.fi

Competition Jury

Chief of Competition

Kari Ahonen

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TD

Toivo Vahvelainen,

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TDA

Will be published later

Race Office

The Race Office will be located at the Ukonniemi stadium

Opening times (local):

Sat 15.12.2018 (8:00 – 14:00)

Sun 16.12.2108 (8:00 – 14:30)

Bib numbers are available in the morning of the competition.

Prizes

Price giving ceremony for the three best athletes at the stadium right after each competition.

Additional information

Courses will be published on the website www.imatranurheilijat.fi or in the stadium.